

# BRIDGE HOUSE



## Residential Treatment for Adults with a Co-occurring Psychiatric Disability and Substance Use Disorder

Bridge House is a 14-bed transitional residential treatment program in Marina that supports adults who have a co-occurring mental health disability and a substance use disorder. The program provides a homelike environment in a structured, non-institutional, therapeutic community.



## Helping Adults with Psychiatric Disabilities Rebuild Their Lives

“BRIDGE HOUSE HAS SHOWN ME HOW TO HELP MYSELF FROM DESPAIR AND ADDICTION ... IT HAS BEEN A TOUGH ROAD, BUT I AM STARTING TO UNDERSTAND HAPPINESS AND LOVE.”

~ BRIDGE HOUSE CLIENT



**ABOUT INTERIM:** Interim, Inc. is a private nonprofit organization whose mission is to provide services and affordable housing, supporting members of our community with mental illness to build productive and satisfying lives. Interim, Inc. provides a wide variety of residential treatment, affordable supportive housing and social rehabilitation services to adults with psychiatric disabilities. Our services support more than 1900 clients each year. We help our clients achieve wellness and recovery and build communities where they are able to live, work, learn, and participate fully.

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# Recovery That Addresses the Unique Needs of a Dual-Diagnosis



## PERSON-CENTERED MENTAL HEALTH AND SUBSTANCE USE RECOVERY

The Bridge House program model is trauma-informed and emphasizes community building, restorative justice, non-violent communication and self-empowerment. Bridge House helps clients identify and achieve their personal goals for symptom and medication management, as well as alcohol/drug recovery. Clients also learn to better manage social and family relationships. Goals are reviewed regularly as they transition into more independent living.

All Bridge House residents have access to psychoeducational groups offered by the Wellness and Recovery Academy, a full-day rehabilitation program .

At Bridge House, clients take an active role in all aspects of the program, from running the household, to designing their individual recovery goals. To improve life skills and foster a sense of community, they share living space, chores, grocery shopping, meal preparation and eat together each evening.

## CERTIFICATION AND LICENSING

Bridge House is certified by the California Department of Health Care Services as a transitional residential treatment program and licensed by the California Department of Social Services Community Care Licensing Division as a social rehabilitation facility.

## REAL IMPACTS FY 24/25



Remain clean and sober during their stay



Eliminate all psychiatric hospitalizations while in the program

## CRITERIA FOR ADMISSION

To qualify for admission to Bridge House, clients must be diagnosed with a serious mental illness and a substance use disorder. They must also require support to acquire and apply coping, recovery, interpersonal and independent living skills to function in the community. Program fees are determined on a sliding scale and based on the resident's income.

## FOR MORE INFORMATION

Contact Bridge House directly at **831.647.3000** or your Monterey County Behavioral Health or Interim Case Coordinator.