

# FRIENDS OF INTERIM NEWSLETTER

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Monterey CA 93942

# Interim Raises Funds for Homeless Services

Interim, Inc. is participating in the Monterey County Weekly's annual MCGives! Campaign. We are raising funds to support our homeless outreach client services, including emergency overnight motel stays, emergency dental care, toiletries, and grooming services. The 2023 MCGIVES! Campaign runs through midnight December 31, 2023.

Housing homeless individuals requires a multi-faceted approach to create lasting outcomes, which means treating the whole person, not just their immediate circumstances. Interim, Inc. provides outreach to over 200 adults with a psychiatric disability who are homeless or at high risk of becoming homeless. The goal is to assist individuals to move off the street and into housing



**MCGIVES!**  
**BIG IDEA**



and employment. This is accomplished with outreach, assessments, intensive case management services, mental health services, and assistance with daily living skills.

Donating to the MCGives! annual campaign this year will maximize your impact with a match, which was approximately 8% last year. **Visit [www.montereycountygives.com/interim](http://www.montereycountygives.com/interim) to make your holiday gift now!**



**“I’ve learned how to be more responsible for my actions... My attitude had to change, my way of thinking had to change... I have been trying to be the best version of myself that I can be.”**

# A Holiday Message from the Executive Director



As we bid farewell to 2023 and eagerly embrace the promise of 2024, we at Interim, Inc., take this opportunity to reflect on our accomplishments of the past year.

This past year marked a significant milestone for Interim, Inc., as we unveiled Sun Rose Apartments, our brand-new 17-bed transitional and permanent housing development in Salinas, California. Sun Rose is serving unhoused individuals living with mental illness, and offers them the stability and support they need to thrive.

In addition to this achievement, we are now serving individuals with commercial insurance in five of our programs. This expansion allows us to reach a broader segment of the

community and provide much-needed support to those who were previously unable to access our services.

We continue to expand our peer-based support services. Many specialized peer support positions have been created in recent years, expanding employment opportunities for peers within our programs. Most recently, three Interim staff became certified as Medi-Cal Peer Support Specialists, the first in Monterey County. Interim now has six certified staff who are employees.

As we look ahead to 2024, we are filled with optimism and determination. We remain committed to providing supportive housing and mental health services to individuals living with mental illness, empowering them to reach their full potential.

As we embark on a new year, let us continue to work together to foster a more inclusive and supportive community for all. With dedication and compassion, we can make a lasting difference in the lives of those affected by mental illness.

Wishing you a New Year filled with hope, resilience, and health.

Sincerely,

Rhiyan Quiton, PsyD

Executive Director Interim, Inc.

## Interim Thanks Our Move for Mental Health Sponsors, Donors and Participants!

We are proud to report that Move for Mental Health raised \$27,299 in sponsorships and donations to support Interim! Thank you to everyone who donated, sponsored, and participated in this event. We deeply appreciate the enthusiasm that you brought to it!

**MOVE FOR MENTAL HEALTH**

**EVENT SPONSORS**

*Thank You*

<b>PLATINUM</b>	<b>GOLD</b>	<b>MEDIA</b>	
			
			
<b>SILVER</b>	<b>BRONZE</b>	<b>STARTER</b>	
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# Honoring Charles and Judy Therrien at National Philanthropy Day

Interim had the honor of celebrating the generosity of Charles and Judy Therrien at the annual National Philanthropy Day, organized by the local Association of Fundraising Professionals. Charles and Judy have faithfully supported Interim's

mission of improving the quality of life for individuals living with mental illness for more than 22 years. The event highlights exemplary philanthropic service of individuals who have been nominated by the community.



## Interim Holds Grand Opening for Sun Rose Apartments

Interim, Inc. held a grand opening for Sun Rose Apartments, our new 17-bed apartment complex to house homeless individuals living with a serious mental illness, on Oct. 26th in Salinas.

Attendees were deeply touched by the inspiring stories of Meredith, who overcame homelessness after nine months, and Success Over Stigma speaker and Interim Housing

resident Beth.

Meredith shared how she struggled with the stigmas of mental health and the challenges of living with her mental illness before becoming homeless for nine-months on the streets of Pacific Grove. Meredith shared that her personal relationships suffered, and she couldn't maintain steady employment. After finding housing at Sun Rose Apartments, where she says she found community, a sense of belonging, and independence, she has been able to reconcile her personal relationships, build confidence,



and is hopeful for a brighter future. Beth, also a resident of Interim's permanent housing, credits Interim with helping her to live independently and obtaining employment.

**If you couldn't make it to the opening, please enjoy the video: <https://youtu.be/CYf-re7hHUY>**

### ACKNOWLEDGMENTS CONT. FROM BACK

Ken Hampian  
Abraham Holston  
Harry Horten  
Wayne and Maureen Lavengood  
Ashley Lilienthal  
Kerri Linden  
Deborah Linden  
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### OMNI RESOURCE CENTER

Mark Odegard and Dr. Jane Odegard, in memory of Paul Cava

### MCHOME PROGRAM

Patrick and Anita Flanigan  
Marsha Lubow  
Monterey Peninsula Friends Meeting  
Harden Foundation

### SUCCESS OVER STIGMA

Jim Arao and Yoshiko Matsushita-Arao, in honor of Isaias, Sarah, Fabian and Rene

### IN-KIND

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Lisa Rico  
Delinda Robinson  
Sara Rubin  
Paula Wilson



**We gratefully acknowledge our generous donors who help us continue to provide Housing, Healing and Hope to our clients. July 16, 2023 - November 15, 2023**

**SPECIAL THANKS TO COASTAL ROOTS HOSPITALITY AND MARKON COOPERATIVE FOR SUPPORTING OUR ANNUAL HOLIDAY LUNCHEES IN NOVEMBER AND DECEMBER WITH MEAL PREPARATION AND FOOD!**

**GENERAL DONATIONS**

Nicholas and Rosann Baldo  
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DECEMBER 2023  
NEWSLETTER

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Fred and Wendy Cohn  
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**CONT. ON INSIDE RIGHT**