



OMNI Resource Center



FOR MORE INFORMATION

For more information regarding the **OMNI Resource Center** call **831.800.7530**. The OMNI Resource Center is located at the Pajaro Street Wellness Center, 339 Pajaro St., Salinas, CA, 93901. The Center is open Monday through Friday from 10:00AM to 4:00PM



Interim, Inc. is funded through contracts with Monterey County Department of Health—Behavioral Health Bureau (including Mental Health Services Act funds) and the California Department of Rehabilitation. Other funding sources include: U.S. Department of Housing and Urban Development Continuum of Care (CoC) Program, City of Monterey, City of Salinas, client fees and rents, foundation grants, and contributions. Our Federal Tax ID is #51-0159122.

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ABOUT INTERIM

Interim, Inc. is a private nonprofit organization whose mission is to provide services and affordable housing, supporting members of our community with mental illness to build productive and satisfying lives. Interim offers a wide variety of programs that support more than 1,700 clients each year using a strength-based social rehabilitation model that provides an alternative to institutionalization and offers culturally sensitive services that encourage self-direction, hope, healing and recovery.

PEER AND FAMILY-RUN WELLNESS CENTER FOR ADULTS WITH MENTAL HEALTH CHALLENGES



DONATIONS

To make a donation to support Interim's programs, please visit our website, www.interiminc.org, or call our office at **831.649.4522**.



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OMNI RESOURCE CENTER : 831.800.7530



The OMNI Resource Center is a Mental Health Wellness and Recovery Center

Self-help and support are the foundation of the OMNI community. The program offers a wide variety of services to meet the individual needs of participants. The Center is committed to the vision of the Mental Health Services Act's key principles of Mental Health Wellness and Recovery: hope, personal empowerment, respect, social connection, personal responsibility and self-determination. Consumer-operated services are designed to meet clients' individual needs and are reflective of the cultural, ethnic and racial diversity of the community.

"IT'S JUST CHANGED MY LIFE COMPLETELY AND I FEEL LIKE I HAVE A PURPOSE."

~ OMNI PROGRAM PARTICIPANT

Operated by Mental Health Consumers and Family Members

THE OMNI RESOURCE CENTER

The OMNI Resource Center is a mental health wellness and recovery center, operated by mental health consumers and family members. All staff and volunteers have personal experience with mental health challenges and recovery.



THE PROGRAM

OMNI is designed to be a welcoming environment, filled with hope and respect. It is an inclusive space that provides mutual support and resources for mental health wellness and recovery. Peers come together to socialize and interact, to attend support groups and join in planned activities. The Center also offers skills training and tools to those who would like to become leaders and take an active role in the wellness and recovery movement. Through mutual support, self-empowerment and peer-driven programming, the Center helps everyone meet their challenges, find life balance and create meaningful roles in the community. OMNI builds connections, one person at a time. Individuals are given the opportunity to design and run OMNI programs, which reflect members' suggestions, interests and talents.

PEER SUPPORT SERVICES

- Leadership development classes
- Fun and innovative workshops
- Self-esteem and team-building activities
- Spanish-speaking support groups
- Physical wellness activities
- Art, music & social groups
- Outreach to the Latino community
- Weekly movie event
- Community outings and events
- Freshly prepared breakfasts, lunches, & snacks
- Computer & internet access
- Holiday dinners and celebrations

CONNECT WITH OMNI!

The OMNI Resource Center is located at the Pajaro Street Wellness Center, 339 Pajaro Street, Salinas, CA, 93901. For more information regarding OMNI Resource Center programs call 831.800.7530 or see OMNI's monthly activity schedule online at www.interiminc.org/omni/. OMNI is open to all adults who are seeking peer support, personal empowerment and social interactions (activities) as they journey towards mental health wellness and recovery. Service participation is voluntary and self-directed. OMNI does not require a membership fee or referral to attend. All services are provided free of charge.

